

# BETTER HEALTH

the natural way

Product Catalogue 2013



*sumabe*

# Range of HEALTHY alternative beverages



At Sumabe®, we take everyday products and make them functional to assist you to make better choices for your nutrition. We specialise in an organic range of Green Coffee, Hot Chocolate & Green Tea to target weight loss. It really can be as easy as sitting down to enjoy your favourite cup of Sumabe® coffee.



# Green Coffee for slimmers

## Sumabe Green Coffee for Slimmers

It's easy, just 1 cup keeps the cravings at bay. Created from the highest quality organic green coffee beans, the carefully selected ingredients in Sumabe® Green Coffee have nutritional benefits to assist in healthy weight management and overall well being.

*Ingredients: Organic Coffea Arabica Roasted (54%), Coffea Arabica Un-Roasted, (6%), Mushroom Powder (Ganoderma lucidum), Rose Petal Extract, Herb, Soy Powder.*



Contents:  
200gram (20 x 10g sachets)  
140gram (14 x 10g sachets)

## Sumabe Green Decaf for Slimmers

It's easy, just 1 cup keeps the cravings at bay. Created from the highest quality organic green coffee beans, the carefully selected ingredients in Sumabe® Green Coffee have nutritional benefits to assist in healthy weight management and overall well being.

*Ingredients: Decaffeinated Coffee Arabica Roasted, Organic Coffee Arabica Un-Roasted, Mushroom Powder (Ganoderma lucidum), Rose Petal Extract, Herb, Soy Powder.*



Contents:  
200gram (20 x 10g sachets)  
140gram (14 x 10g sachets)

# sumabe® slimmer beverages



## Sumabe Green Tea for Slimmers

It's easy, just 1 cup keeps the cravings at bay. Created from the highest quality organic green tea, the carefully selected ingredients in Sumabe® Green Tea have nutritional benefits to assist in healthy weight management and overall well being. Sumabe® Green Tea should be used in conjunction with a healthy diet and regular exercise. Sumabe® Green Tea is an instant style coffee that can supplement your current weight management routine.



Contents: 90gram (30 x 3g bags)  
 Ingredients: Organic Green Tea (65%), Mushroom Powder (*Ganoderma lucidum*), Rose Petal Extract, Semen Cassiae, Honeysuckle Flower, Crysanthemum.



Contents: 200gram (20 x 10g sachets)  
 140gram (14 x 10g sachets)  
 Ingredients: Organic Cacao Bean Powder (60%), Mushroom Powder (*Ganoderma lucidum*), Rosa Petal Extract, Herbs, Dried Lotus Leaf Powder, Soy Powder.

## Sumabe Hot Chocolate for Slimmers

It's easy, just 1 cup keeps the cravings at bay. Created from the highest quality organic cacao beans, the carefully selected ingredients in Sumabe® Hot Chocolate have nutritional benefits to assist in healthy weight management and overall well being. Sumabe® Hot Chocolate should be used in conjunction with a healthy diet and regular exercise.



## Sumabe Acai Berry Coffee for Slimmers

Created from the highest quality organic coffee beans, teamed with the antioxidant rich Acai Berry, the carefully selected ingredients in Sumabe® Acai Berry Coffee have nutritional benefits to assist in healthy weight management and overall well being in conjunction with a healthy diet and regular exercise.

Ingredients: Coffee Arabica (45%), Acai Berry (10%), Cinnamon, Fenugreek, Griffonia Simplicifolia, Citrus Aurantium.



Contents: 200gram (20 x 10g sachets)  
 140gram (14 x 10g sachets)

## Sumabe Shape-It Organic Green Coffee

It's easy, just 1 cup keeps the cravings at bay. Created from the highest quality organic green coffee beans, the carefully selected ingredients in Shape-It Organic Green Coffee have nutritional benefits to assist in healthy weight management and overall well being. Shape-It Organic Green Coffee should be used in conjunction with a healthy diet and regular exercise.

Ingredients: Organic Coffea Arabica, Green Coffee Extract, Ganoderma L, Rosa Canina, Semen Cassia, Soy Dietary Fibre.



Contents: 210gram (21 x 10g sachets)

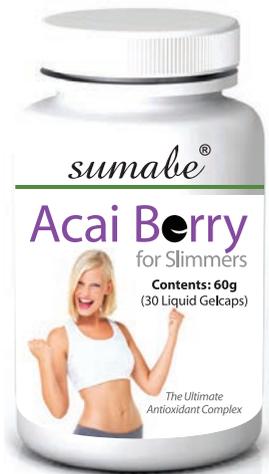
# sumabe® slimmer supplements



Contents: 60 capsules

## Sumabe Green Coffee Extract for Slimmers

Sumabe® Green Coffee Extract for Slimmers may assist in maintaining normal blood sugar levels and assist in reducing the absorption of glucose in healthy individuals. Factors such as stress, alcohol, cigarettes and pollution may increase free radicals in the body and the potential for oxidative damage. The antioxidant activity of Green Coffee Extract for Slimmers can assist in protecting the cells in the body against oxidative damage caused by free radicals. Sumabe® Green Coffee Extract for Slimmers assists in the maintenance of a healthy cardiovascular system and helps to maintain general well-being.



Contents: 30 capsules

## Sumabe Acai Berry for Slimmers

Sumabe® Acai Berry for Slimmers contains Acai Berry and Ganoderma Lucidum (Reishi), which are potent antioxidant herbs, along with the goodness of Cassia tora, Coixlacrym-jobi, Citrus Aurantium for metabolism support and Evening Primrose Oil for healthy skin, hair and nails. Sumabe® Acai Berry for Slimmers gelscaps are a nutrient dense food that provide a feeling of fullness.



Contents: 60 capsules

## Sumabe African Mango for Slimmers

Sumabe® African Mango for Slimmers contains the exclusive African Mango fruit (Irvingia Gabonensis). This is not to be confused with the standard Mango, which does not contain the elements that achieve the benefits and qualities of the superior African Mango fruit. Sumabe® African Mango for Slimmers is combined with potent ingredients to ensure absorption and benefits are increased.



## Sumabe Brindle Berry for Slimmers

Sumabe® Brindle Berry for Slimmers is specifically formulated to support the metabolism of carbohydrates, fats and protein. It contains iodine, which is an essential nutrient required for the synthesis of thyroid hormones. Thyroid hormones are necessary for basal metabolic rate, cellular metabolism, growth and development. Sumabe® Brindle Berry for Slimmers may assist in the maintenance of normal healthy blood sugar balance and glycaemic controls in healthy individuals. Sumabe® Brindle Berry for Slimmers contains nutrients that play important roles in the proper functioning of the immune system, supports healthy brain function and aid in the maintenance of general wellbeing.



Contents: 60 capsules

# sumabe<sup>®</sup> CHOCOLATE for slimmers

## Sumabe Chocolate for slimmers

It's easy, just 1 cup keeps the cravings at bay. Created from the highest quality organic cacao beans, the carefully selected ingredients in Sumabe<sup>®</sup> Hot Chocolate have nutritional benefits to assist in healthy weight management and overall well being.



Contents:  
75gram (15 pieces x 5g)

Ingredients: Organic Cacao Beans (Hot Chocolate), Ganoderma L, Rosa Canina, Semen Cassia, Soy Dietary Fibre, Lotus Leaf Powder.



Contents:

200gram (20 x 10g sachets)

Ingredients: Organic Coffea Arabica, Green Coffee Extract, Ganoderma L, Rosa Canina, Semen Cassia, Soy Dietary Fibre.

## Sumabe Detox Green Coffee

At just one cup per day, you can be on the right path to healthy weight management through detoxification. Sumabe<sup>®</sup> Detox Green Coffee is formulated to improve the physique in such a positive way that the impact from the inside carries through to result in a finer body on the outside. Sumabe has sourced for you, the highest quality organic green coffee beans and combined them with traditional extracts known to promote longevity and overall wellbeing, within an easy once a day cup of rich, aromatic coffee.

## Sumabe Detox Green Tea

Sumabe<sup>®</sup> Detox Green Tea is an antioxidant rich green tea combined to assist healthy weight loss. It is made from the highest quality organic green tea leaves and incorporates Ganoderma Lucidum, known as the herb of deathlessness. This "gift from the Gods" is traditionally used for its anti-ageing effects, its immune strengthening properties and to balance blood pressure and cholesterol levels. It is also commonly used in the treatment of liver dysfunction, important in metabolism and fat utilisation.

Contents: 90gram (30 x 3g sachet bags)

Ingredients: Organic Green Tea, Ganoderma L, Ginkgo Leaf, Semen Cassia, Gynostemma Entaphyllum PE, Rosa Canina.



# allsvelte ORGANIC exclusive coffee range



At Sumabe®, we take everyday products and make them functional to assist you to make better choices for your nutrition.

Experience the luxury of our exclusively indulgent Allsvelte Organic Coffee range. Superbly crafted weight loss coffees, teas and hot chocolates.



Contents:  
200gram (20 x 10g sachets)

*Ingredients: Black Organic Coffea Arabica, Green Coffee Extract, Ganoderma L, Rosa Canina, Semen Cassia, Soy Dietary Fibre.*

## Allsvelte Coffee

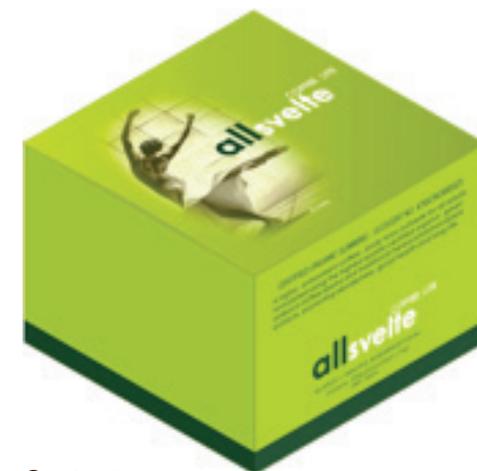
Allsvelte Coffee (black formula) by Allsvelte Pty Ltd. A natural organic weight management coffee and detoxifying body tonic, suitable for all adults. Combining green coffee beans with specially selected herbs, each chosen for its individual potential to offer numerous health benefits. Allsvelte Coffee has a rich flavour of dark roast coffee and is perfect for habitual coffee drinkers. For organic weight management, drink one cup of Allsvelte Coffee every morning, 15 - 20 minutes before breakfast.



## Allsvelte Coffee Lite

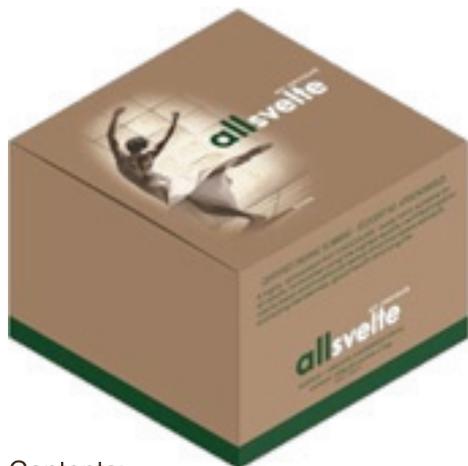
Allsvelte Coffee Lite by Allsvelte Pty Ltd, Australia. A truly superb, organic, 100% natural slimming green coffee - detoxifying body tonic, suitable for all adults. This slimming coffee is a highly antioxidant coffee suitable for all adults, using the highest quality organic green coffea arabica beans and traditional herbal pharmacopoeia extracts, formulated to assist with

your weight management goals.



Contents:  
200gram (20 x 10g sachets)

*Ingredients: Organic Coffea Arabica, Green Coffee Extract, Ganoderma L, Rosa Canina, Semen Cassia, Soy Dietary Fibre.*



**Allsvelte Hot Chocolate**  
 Allsvelte Hot Chocolate by Allsvelte Pty Ltd is too good to be true! We have developed a chocolate drink which actually assists in weight loss! Allsvelte Hot Chocolate is made from the world's best pure organic cocoa beans combined with traditional extracts to bring to you the luxuriously velvety chocolate drink which you can consume hot or cold, anytime you wish to curb the urge for something sweet or excessive.



Contents: 200gram (20 x 10g sachets)  
 Ingredients: Organic Cacao Beans (Hot Chocolate), Ganoderma L, Rosa Canina, Semen Cassia, Soy Dietary Fibre, Lotus Leaf Powder.

### Allsvelte Super Tea

Allsvelte Super Tea is formulated to enhance the body's form both from the inside through to the outside. It is made of the highest quality organic green tea leaves and incorporates Ganoderma Lucidum, known as the herb of deathlessness.

This "gift from the Gods" seems to be able to treat a broad range of health issues since it enhances the functioning of the immune system and detoxes the body.



Contents: 90gram (30 x 3g sachets)  
 Ingredients: Organic Green Tea, Ganoderma L, Gingko Leaf, Semen Cassia, Gynostemma Entaphyllum PE, Rosa Canina.

# Nutraceuticals You Can Trust

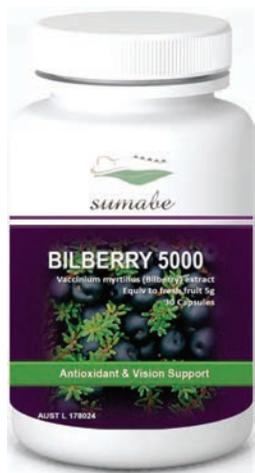


By combining the finest ingredients nature and science offer, each carefully prepared Sumabe® formula delivers to its consumers premium quality formulations in the best interests of health and wellbeing.

It is with modern research, traditional pharmacopeial knowledge and state of the art technology that we combine with innovative concepts to make the Sumabe® range what it is today.



# Sumabe<sup>®</sup> healthy supplements



## Sumabe Bilberry 5000

Sumabe<sup>®</sup> Bilberry 5000 supports healthy eye function and vision. The potent antioxidant activity of bilberry not only supports the health of the retina, but is also helpful in decreasing the risk of cell damage attributed to free radicals. By assisting the eye to adapt to variations in light intensity, Bilberry also helps to maintain normal eye function in low light and may be useful in aiding glare sensitivity. Sumabe<sup>®</sup> Bilberry 5000 may assist blood circulation and protects capillaries.

Contents: 30 x 5000mg Gelcaps

*Directions for use: Adults, take 2 capsules twice daily, or as directed by your healthcare professional.*

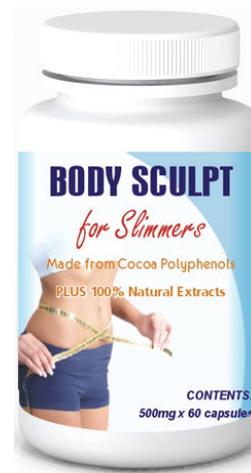


## Sumabe Acai Berry for Slimmers

Contains Acai Berry and Ganoderma Lucidum (Reishi), which are potent antioxidant herbs, along with the goodness of Cassia tora, Coix lacryma-jobi, Citrus Aurantium and Evening Primrose Oil. Sumabe<sup>®</sup> Acai Berry for Slimmers is a nutrient dense food that provides a feeling of fullness.

Contents: 30 x 500mg Gelcaps

*Directions for use: Adults, take 1 daily with meals, or as directed by your healthcare professional.*



## Sumabe Body Sculpt for Slimmers

Contains Acai Berry and Ganoderma Lucidum  
Sumabe<sup>®</sup> Body Sculpt for Slimmers is derived from Cocoa Poly-phenols to enhance body shape and form. Cocoa and chocolate are the richest dietary sources of polyphenols and in particular, the two procyanidins, catechin and epicatechin. The structure of procyanadins makes them powerful antioxidants. Research shows they have greater potency than antioxidant vitamins C and E. Cocoa polyphenols have a protective effect on endo-thelial function and contain pro-cyanidinsepicatechin and catechin - exceptionally effective antioxidants.

Contents: 60 x 500mg Capsules

*Directions for use: Adults, take 2 capsules with warm water immediately before breakfast, or as directed by your healthcare professional.*

## Sumabe CoQ10 100mg

CoQ10 (Coenzyme Q10) is essential for the production of body energy and supports stamina and endurance. CoQ10 assists in the maintenance of the cardiovascular system by maintaining healthy heart tissue and supporting the health of blood vessels. It maintains normal blood pressure and cholesterol levels. The antioxidant properties of Coenzyme Q10 assist in protecting the cells from free radical damage. The levels of CoQ10 in the body decline with age. Supplementation with Sumabe<sup>®</sup> CoQ10 100mg can help to maintain and improve general wellbeing.



Contents: 90 x 100mg Gelcaps

*Directions for use: Adults, take 1 capsule daily, or as directed by your healthcare professional. Do not take while on warfarin therapy without medical advice.*

# Healthy Catch OF THE DAY



## Sumabe Fish Oil 750mg

Fish Oil is a natural source of Omega 3 fatty acids which are very important as the body cannot produce them and they can therefore only be obtained from the diet. Sumabe® Fish oil helps to maintain a healthy nervous system and supports and maintains healthy brain and cognitive function and the maintenance of a healthy mood. As well as supporting the health of the eyes and their function, fish oil can help in the maintenance or improvement of general wellbeing.

Contents: 90 x 750mg Orange Flavoured, Fish Shaped Capsules

Directions for use: Adults, take 1 to 2 capsules three times daily, with meals, or as directed by your healthcare professional. For arthritis, eczema, dermatitis and psoriasis, take 3 capsules 3 times daily.

## Sumabe Flaxseed Oil 1000mg

Flaxseed 1000mg oil is a rich source of the omega-3 fatty acid alpha-linolenic acid (ALA) which is converted in the body to eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Sumabe® Flaxseed oil helps to maintain a healthy cardiovascular system by maintaining the health of blood vessels, especially the capillaries, and assisting circulation. Flaxseed 1000mg can help to maintain general well-being.

Contents: 90 x 1000mg Gelcaps

Directions for use: Adults, take 1 to 2 capsules 3 times daily, or as directed by your healthcare professional.



## Sumabe Odourless Fish Oil

Sumabe® Odourless Fish Oil is a natural source of Omega 3 fatty acids and is very important as the body cannot produce itself and can only be obtained from the diet. The EPA and DHA in fish oil have a wide range of benefits including temporary relief of pain, inflammation, swelling and joint stiffness associated with arthritis. Omega 3 fatty acids maintain healthy skin and relieve and manage dermatitis, psoriasis and dry skin. Fish oil maintains the cardiovascular system and cholesterol levels. By helping to maintain the health of the nervous system, fish oil supports healthy brain and cognitive function. Fish oil improves general wellbeing.



Contents:  
90 x 1000mg  
Gelcaps  
Directions for use:  
Adults, take 1 to 2  
capsules 3 times  
daily, with meals,  
or as directed by  
your healthcare  
professional. For  
arthritis, eczema,  
dermatitis and  
psoriasis,  
take 3 capsules  
3 times daily.

## Sumabe Natural Salmon Oil 1000mg

Salmon Oil is a natural source of marine omega 3 fatty acids. Omega 3 fatty acids are very important as the body can't produce them and can only be obtained from diet. Fish oil has a range of benefits including temporary relief of pain, inflammation, swelling and joint stiffness associated with arthritis, relief in the management of eczema, psoriasis and dermatitis and maintenance of the cardiovascular system health and healthy cholesterol levels. While also maintaining healthy cognitive function and a normal healthy nervous system and supporting the health of the eyes.

Contents: 90 x 1000mg Gelcaps

Directions for use: Adults, take 1 to capsules three times daily with meals, or as directed by your healthcare professional. For arthritis, eczema, dermatitis and psoriasis, take 3 capsules 3 times daily.



# Treat your body like a temple...



## Sumabe Mens Performance

Sumabe® Men's Performance is specifically formulated to help men perform at their peak, both mentally and physically, everyday. This comprehensive formula helps to provide an optimum intake of vitamins, minerals and herbs including increased doses of ingredients beneficial for men's health. It supports energy production and exercise performance and may support the maintenance and repair of muscle tissue. Traditionally used to relieve stress and to assist male sexual performance. It supports a healthy reproductive system and production of healthy sperm. It assists circulation to the extremities and supports liver detoxification. As well as helping protect against free radical damage.

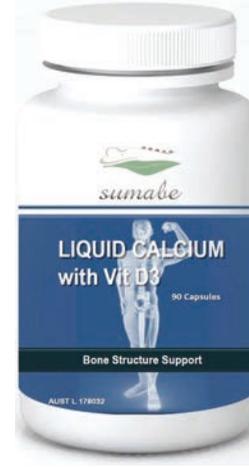


Contents: 60 Capsules  
*Directions for use: Adults, take 1 tablet daily after meals, or as directed by your healthcare professional.*

## Sumabe Lecithin 1200mg

Sumabe® Lecithin is a phospholipid that assists in maintaining cellular structures & is important for the health & composition of the cellular membrane. Lecithin supports the metabolism of fats by assisting in their breakdown & distribution in the digestive system. It maintains normal cholesterol levels in healthy people & improves HDL/LDL ratios. Lecithin supports healthy brain function & has a protective effect on the liver. It helps in the maintenance of general wellbeing.

Contents: 90 x 1000mg Gelcaps  
*Directions for use: Adults, take 1-2 capsules 3 times daily, with meals, or as directed by your healthcare professional. For the management and symptomatic relief of arthritis, take 2 capsules 3 times daily.*



## Sumabe Liquid Calcium with Vit D3

A carefully chosen formula to support musculoskeletal health. Calcium is important to build and maintain strong teeth and bones. Vitamin D assists calcium absorption and maintains strong bones. Calcium is beneficial during adolescence, following menopause and during pregnancy and lactation. Women's calcium requirements are increased after menopause and supplementation with Sumabe® Liquid Calcium with Vit D3 is of assistance in the prevention or treatment of osteoporosis. Adequate dietary calcium throughout life is required to maximise bone. Calcium is essential for cellular structure, muscle contraction, nerve transmission, enzyme activation & hormone function. Sumabe® Liquid Calcium with Vit D3 maintains cardiovascular health and immune system, contributing to a healthy pregnancy. Liquid Calcium with Vit D3 improves general wellbeing.

Contents: 90 x 900mg Gelcaps  
*Directions for use: Adults, take 1 capsule 3 times daily, or as directed by your healthcare professional.*

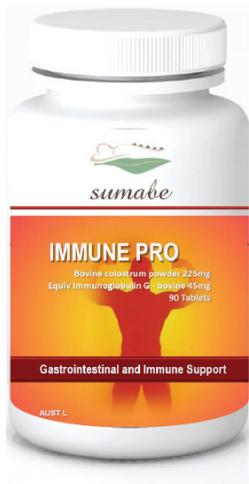
## Sumabe Glucosamine HCL 1500mg

Glucosamine is produced naturally in the body and is an important component of cartilage. It assists in building and maintaining healthy cartilage, essential for healthy function of the joints. Glucosamine has a role in the formation of tendons, ligaments, synovial fluid and bone. Sumabe® Glucosamine HCL helps to maintain healthy joints and assists in the symptomatic relief and management of osteoarthritis. It provides temporary relief of pain, swelling, inflammation and lack of joint mobility associated with arthritis. Sumabe® Glucosamine HCL helps in the maintenance and improvement of general wellbeing.

Contents: 90 x 1500mg Tablets  
*Directions for use: Adults, take 1 tablet twice daily, or as directed by your healthcare professional.*



# LOVE YOUR Immune System



## Sumabe Immune Pro

Sumabe® Immune Pro is made from Colostrum which is the milk that is produced by new mothers during the first few days after birth. It provides a concentrated source of nutrients for newborn babies, as well as antibodies to support immune function and growth factors to aid healthy gastrointestinal development. Bovine colostrums contain immunoglobulins, which help to maintain healthy immune system function. Sumabe® Immune Pro maintains a healthy digestive tract and general wellbeing.

Contents: 90 x Chewable Colostrum Tablets

*Directions for use: Adults, take 2 tablets 2-3 times daily, or as directed by your healthcare professional. Children, take 2 tablets 2 times daily.*

## Sumabe Immune Pro Junior

Sumabe® Immune Pro Junior is made from Colostrum which is the milk that is produced by new mothers during the first few days after birth. It provides a concentrated source of nutrients for newborn babies, as well as antibodies to support immune function and growth factors to aid healthy gastrointestinal development. Bovine colostrums contain immuno-globulins, which help to maintain healthy immune system function. Sumabe® Immune Pro Junior maintains a healthy digestive tract and general wellbeing.

Contents: 120 x 1mg Gelcaps

*Directions for use: Take 1 capsule 2 times daily, or as directed by your healthcare professional.*



## Sumabe LingZhi 5000

Sumabe® LingZhi 5000 provides support to the immune system, supports healthy liver detoxification processes and protects the body from free radical or oxidative damage. It assists the health of the cardiovascular system by helping to maintain normal cholesterol levels and healthy blood pressure in healthy individuals. LingZhi 5000 assists in the maintenance of general wellbeing. LingZhi 5000 contains extract from Ganoderma lucidium, traditionally used in Chinese medicine to strengthen the body and reduce fatigue and listlessness. It's also traditionally used to relieve wheezing and cough, sleeplessness and insomnia, to strengthen poor digestion and to improve the appetite.

Contents: 60 x 5000mg Capsules

*Directions for use: Adults, take 1-2 capsules daily with meals, or as directed by your healthcare professional.*

## Sumabe Shark Cartilage 750ml

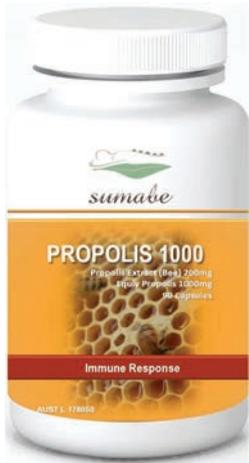
Shark Cartilage has been reported to have analgesic and anti-inflammatory activities, which may assist in reducing pain and inflammation of the joints. Sumabe® Shark Cartilage helps to maintain healthy joint function and supports and maintains healthy immune function. Sumabe® Shark Cartilage 750 may also assist in the maintenance of general wellbeing.

Contents: 90 x 750mg Gelcaps

*Directions for use: Adults, take 1 to 2 capsules daily with meals, or as directed by your healthcare professional.*



# Health benefits from NATURE



## Sumabe Propolis 1000

Sumabe® Propolis is a resinous substance collected by bees from poplar and conifer buds. It supports healthy immune system function and assists the body's natural immune response. Propolis has antioxidant activity and can therefore assist in protecting the body from the harmful effects of free radicals or oxidative stress. Sumabe® Propolis 1000 helps in the maintenance of general wellbeing.

Contents: 90 x 1000mg Gelcaps

*Directions for use: Adults, take capsule 1 to 3 times daily, with meals, or as directed by your healthcare professional. Propolis is a natural bee product and may cause allergic reactions. If irritation or swelling of the mouth or throat occurs -discontinue use.*



## Sumabe Propolis 40%

Propolis is gathered by bees and has very high BIO flavonoid levels. BIO flavonoids can be helpful in maintaining a healthy immune system. Sumabe® Propolis is a powerful remedy to relieve the symptoms of colds and flu. Topically it is helpful for treating a whole range of minor skin conditions and wounds. Sumabe® Propolis may also help in increasing the body's immune system.

Contents: Propolis 40% 25ml liquid

*Directions for use: Apply directly in the mouth or throat using a dropper. Or mix 4-6 drops of the Propolis Liquid in water. Use as gargle or drink up to 3 times a day. May be applied directly to wounds & burns. Propolis may cause allergic reactions. If irritation or swelling of the mouth or throat occurs - discontinue use.*



## Sumabe Royal Jelly

Sumabe® Royal Jelly may assist in the maintenance of a healthy cardiovascular system and supports healthy immune function. Sumabe® Royal Jelly helps in the maintenance of general well-being.

Contents: 90 x 600mg Gelcaps

*Directions for use: Adults, take 1 to 2 capsule s daily with meals, or as directed by your healthcare professional.*

*Not suitable for children. This product contains royal jelly (bee product) which has been reported to cause severe allergic reactions and in rare cases fatalities - especially in asthma and allergy sufferers.*



## Sumabe Milk Thistle

Milk thistle is a hepatoprotective herb which supports the detoxification of the liver and normal liver function. Milk thistle acts as a liver tonic and therefore maintains healthy liver and gall bladder function. Sumabe® Milk Thistle aids healthy digestive function. The antioxidant activity of Milk thistle assists in protecting the body against the effects of free radicals and protects the liver from the effects of toxins and pollution. Sumabe® Milk Thistle helps in the maintenance of general wellbeing.

Contents: 90 x 1300mg Gelcaps

*Directions for use: Adults, take 1 capsule daily with meals, or as directed by your healthcare professional.*



# Mother Nature KNOWS BEST



## Sumabe Apple Cider Vinegar

Apple Cider Vinegar has often been used to treat various conditions. It has been promoted to aid weight loss but swallowing the liquid can be very difficult. Sumabe® Apple Cider Vinegar offers all the health benefits of Apple Cider Vinegar in an easy to take capsule. Combining Sumabe® Apple Cider Vinegar with exercise and a reduced-calorie diet may give you the additional “push” your body needs in order to reach your weight-loss goals. Apple Cider Vinegar minimizes hunger, boosts energy and increases the metabolism.



Contents: 60 x 500mg Gelcaps

*Directions for use: Adults, take 2 capsules daily, with meals, or as directed by your healthcare professional.*

## Sumabe Flaxseed Oil 1000mg

Flaxseed 1000mg oil is a rich source of the omega-3 fatty acid alpha-linolenic acid (ALA) which is converted in the body to eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Sumabe® Flaxseed oil 1000 helps to maintain a healthy cardiovascular system by maintaining the health of blood vessels, especially the capillaries and assisting circulation. Sumabe® Flaxseed 1000mg can help to maintain general well-being.

Contents: 90 x 1000mg Gelcaps

*Directions for use: Adults, take 1 to 2 capsules 3 times daily, or as directed by your healthcare professional.*



## Sumabe Garlic Oil 1mg

Garlic Oil has traditionally been used for the relief of colds, flu's and catarrh and is used to support and maintain the health and function of the immune system. It has potent antioxidant activity. Sumabe® Garlic Oil supports the cardiovascular system and may help maintain cholesterol within the normal range in healthy people and improve HDL/LDL ratio.

Contents: 120 x 1mg Gelcaps

*Directions for use: Take 1 capsule 2 times daily, or as directed by your healthcare professional.*



## Sumabe Cushaw Seed Oil

Sumabe® Cushaw Seed Oil is a natural supplement rich with antioxidants and polyunsaturated fatty acids. The content of vitamin E is very high. The four dominant fatty acids are palmitic, stearic, oleic and linoleic acids. Pumpkin seed oil is rich in phytoestrogens (plant based oestrogens) which are thought to mimic some of the effects of hormones in the body and may be useful during menopause or for post menopausal women. Studies prove a reduction in high density lipoproteins (bad cholesterol), a decrease in diastolic blood pressure and a decrease in menopausal symptoms including hot flashes, headaches and joint pain.

Contents: 60 Capsules

*Directions for use: Take 1 capsule twice daily immediately after meals.*



# Sumabe<sup>®</sup> improves your well-being



Contents: 30 x 8000mg Tablets  
*Directions for use: Adults, take 1 tablet twice daily, or as directed by your healthcare professional.*

## Sumabe Green Coffee Extract 8000

Sumabe<sup>®</sup> Green Coffee Extract 8000 may assist in maintaining normal blood sugar levels and assist in reducing the absorption of glucose in healthy individuals. Factors such as stress, alcohol, cigarettes and pollution may increase free radicals in the body and the potential for oxidative damage. The antioxidant activity of Green coffee can assist in protecting the cells in the body against oxidative damage caused by free radicals. Sumabe<sup>®</sup> Green Coffee Extract 8000 assists in the maintenance of a healthy cardiovascular system and helps to maintain general well-being.



## Sumabe L-Carnitine

L-Carnitine is a vitamin-like molecule that serves numerous functions in the body. Its main function is to stimulate the breakdown of fats. L-Carnitine is an alpha-hydroxy acid that is primarily located in the muscle. Sumabe<sup>®</sup> L-Carnitine plays a critical role in the metabolism of fat, contributing to the oxidation of fatty acids and transporting long-chain fatty acids to mitochondria, where they are processed to help provide energy. Muscles including the heart require a regular supply of carnitine to remain toned and healthy.

Contents: 30 x 1000mg Capsules  
*Directions for use: Adults, take 1 capsule, twice daily, between meals, or as directed by your healthcare professional.*



Contents: 60 Capsules  
*Directions for use: Adults, take 2 capsules daily with a large glass of water or as directed by your healthcare professional.*

## Sumabe Brindle Berry for Slimmers

Sumabe<sup>®</sup> Brindle Berry for Slimmers is specifically formulated to support the metabolism of carbohydrates, fats and protein. It contains iodine, which is important for the normal functioning of the thyroid gland as it is an essential nutrient required for the synthesis of thyroid hormones. Thyroid hormones are necessary for basal metabolic rate, cellular metabolism and growth and development. Sumabe<sup>®</sup> Brindle Berry for Slimmers may assist in the maintenance of normal healthy blood sugar balance and glycaemic controls in healthy individuals. Sumabe<sup>®</sup> Brindle Berry for Slimmers contains nutrients that play important roles in the proper functioning of the immune system, supports healthy brain function and aid in the maintenance of general wellbeing. If symptoms persist consult your healthcare practitioner. Vitamin supplements should not replace a balanced diet.

## Sumabe Soybean Extract

Soybean Extract is a phospholipid that assists in maintaining cellular structures and is important for the health and composition of the cellular membrane. Sumabe<sup>®</sup> Soybean Extract supports the metabolism of fats by assisting in their breakdown and distribution in the digestive system. It may help maintain normal cholesterol levels in healthy people and improve the HDL/LDL ratio. Sumabe<sup>®</sup> Soybean Extract supports healthy brain function and has a protective effect on the liver. It helps in the maintenance of general well-being.

Contents: 60 Capsules  
*Directions for use: Adults, take 1 capsule daily immediately after meals.*



# Sumabe<sup>®</sup> formula delivers Quality

## Sumabe Skin Radiance

Sumabe<sup>®</sup> Skin Radiance combines Marine Collagen, Evening Primrose Oil, Grapeseed Oil & Royal Jelly. The super powers of skin support have been teamed together for maximum benefits. Sumabe<sup>®</sup> Skin Radiance supports and assists in the maintenance of healthy skin and a normal or healthy immune system. It also supports the health of the cardiovascular system.

Contents: 90 Gelcaps

*Directions for use: Adults, take 2 capsules, three times daily with meals, or as directed by your healthcare professional.*



## Sumabe Resveratrol Complex

Sumabe<sup>®</sup> Resveratrol Antioxidant Complex contains powerful antioxidants; resveratrol, selenium, coenzyme Q10 and vitamin E to protect the body from the damaging effects of free radicals. It maintains cell membrane and healthy skin and aids normal tissue repair. Sumabe<sup>®</sup> Resveratrol Antioxidant Complex supports the health of the cardiovascular system, heart, blood pressure and cholesterol, visual and immune function and is beneficial during times of stress. Sumabe<sup>®</sup> Resveratrol Antioxidant Complex supports health & general wellbeing as we age.



Contents: 60 Capsules

*Directions for use: Adults, take 1 capsule daily with a meal, or as directed by your healthcare professional.*



## Sumabe Squalene 1000

Sumabe<sup>®</sup> Squalene is a major component of skin surface lipids such as sebum, where it assists in maintaining healthy skin. Sumabe<sup>®</sup> Squalene 1000mg may assist in the maintenance of a healthy immune system and in the maintenance of general wellbeing.

Contents: 30 x 1000mg Gelcaps

*Directions for use: Adults, take 1 capsule daily with meals, or as directed by your healthcare professional.*



## Sumabe CoQ10 100mg

CoQ10 (Coenzyme Q10) is essential for the production of body energy & supports stamina and endurance. CoQ10 assists in the maintenance of the cardiovascular system by maintaining healthy heart tissue and supporting the health of blood vessels. It maintains normal blood pressure and cholesterol levels. The antioxidant properties of Coenzyme Q10 assist in protecting the cells from free radical damage. The levels of CoQ10 in the body decline with age. Supplementation with Sumabe<sup>®</sup> CoQ10 100mg can help to maintain & improve general wellbeing.



Contents: 90 x 100mg Gelcaps

*Directions for use: Adults, take 1 capsule daily, or as directed by your healthcare professional. Do not take while on warfarin therapy without medical advice.*

# WOMEN need healthy nutrients



## Sumabe Ultimate Woman

Replenish essential daily nutrients and minerals for women with Sumabe® Ultimate Woman capsules. Containing 19 beneficial supplements and antioxidants that thoroughly nourish the skin, hair, cells and promote healthy eyes and liver. These energy related nutrients may support the ability to strengthen the body's immunity and can help in the maintenance or improvement of general well-being.



Contents: 90 x 1500mg Tablets

Directions for use: Adults, take 1 tablet twice daily, or as directed by your healthcare professional.



## Sumabe EPO 1000mg

Sumabe® Evening Primrose Oil is a valuable source of the omega 6 fatty acid gamma-Linolenic acid (GLA). EPO 1000mg can assist in the relief of premenstrual syndrome, including symptoms such as breast tenderness. By supporting the healing & repair of the skin and assisting to relieve flaking, scaling & itching of the skin, EPO 1000mg can be used for the management & symptomatic relief of eczema & dermatitis. GLA is also used in the temporary relief of pain & joint stiffness associated with arthritis & rheumatism. Supplementation with EPO 1000mg can help to maintain a healthy cardiovascular system and improve general wellbeing.

Contents: 90 x 1000mg Gelcaps

Directions for use: Adults, take 1-2 capsules 3 times daily, with meals, or as directed by your healthcare professional. For the management and symptomatic relief of arthritis, take 2 capsules 3 times daily.



## Sumabe Marine Collagen

The ingredients in Sumabe® Marine Collagen Formula combine to support the maintenance of healthy skin. This formulation also helps to strengthen the elasticity of vascular wall and skin, maintain soft hair and strong nails, promote cartilage rejuvenation and joint mobility. Sumabe® Marine Collagen Formula helps to prevent the visible signs of ageing and aids in the maintenance of general well-being.



Contents: 60 Capsules

Directions for use: Adults, 1 capsule each day after meals, or as directed by your healthcare professional.



## Sumabe Precare Diamond

Sumabe® Precare Diamond helps meet the body's increased nutritional demands prior to and during pregnancy, as well as after the birth and during breastfeeding. Precare Diamond contains many of the essential nutrients required for a healthy baby, including DHA and folic acid at the levels recommended by nutritional experts. Sumabe® Precare Diamond includes ingredients such as Folic Acid which is essential for maternal health and foetal child development, folic acid has shown to reduce the risk of neural tube defects and foetal spina bifida. Sumabe® Precare Diamond is recommended to be taken prior to, during and after pregnancy including whilst nursing.

Contents: 30 Capsules

Directions for use: Adults, take 1 capsule daily, with or after meals, or as directed by your healthcare professional.

# Taking charge of your HEALTH

## Sumabe Kangaroo Essence

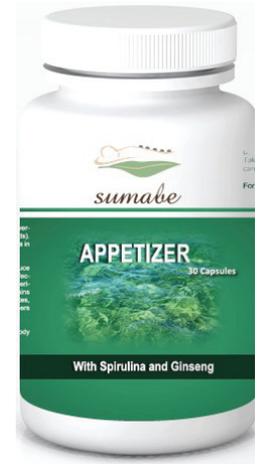
This unique Sumabe® formula is made from Australian Red Kangaroo testis, a powerful animal that illustrates amazing strength, vitality and stamina, and produces twice as much semen as a bull. Sumabe® Kangaroo Essence is an extremely potent preparation rich in natural hormones, proteins, zinc and iron, extracted using only the most advanced production techniques. This essence has demonstrated proven ability to increase physical strength, enhance sexual energy, regenerate vital functions, enhance sperm production, improve weakness in limbs, decelerate the ageing process, and lessen fatigue associated indications. As an essential boost to mens' general health and wellbeing, Kangaroo Essence is also beneficial in the reduction and management of anxiety relating to performance.



Contents: 60 Capsules  
*Directions for use: Take 2 capsules daily with or after meals, or as directed by your healthcare professional.*

## Sumabe Appetiser

Sumabe® Appetizer contains high potency Spirulina and Hawthorn delivering a concentrated source of essential amino acids (essential fatty acids). Sumabe® Appetizer is found to increase weight gain and correct anaemia in under nourished children due to its excellent nutritional quality. Spirulina contains 60% protein content, higher than meat and other produce traditionally sourced for their protein content per weight ratio. It can effectively be used to increase overall body mass during peak performance periods or whilst body building. Spirulina is also an excellent source of vitamins and minerals and is beneficial for those suffering from Anaemia, Diabetes, Glaucoma, Hair loss, Liver disease, Pancreas inflammation, Peptic ulcers and Stress. Sumabe® Appetizer contains Ginseng for its proven ability to aid the body during periods of physical or mental stress.



Contents: 60 Capsules  
*Directions for use: Take 2 capsules daily with or after meals, or as directed by your healthcare professional.*

## Sumabe Ginseng 1000mg

Sumabe® Ginseng 1000mg enhances stamina and endurance during times of physical and mental demand. It also helps to reduce fatigue. Ginseng came to the west via traditional Chinese medicine and is said to replenish vital energy and promote health. In western herbal medicine it is used for the overall wellbeing of a person. It can help to maintain peak effort during times of excessive exertion. Ginseng increases energy levels and reduces fatigue, assisting with convalescence after illness and has been shown to improve the body's stress-coping mechanisms, largely through its effects on the adrenal glands.



Contents: 90 Capsules  
*Directions for use: Take 1 capsules twice daily with meals, or as directed by your healthcare professional.*



## Sumabe Colostrum

Colostrum is made from the milk that is produced by new mothers during the first few days after birth. It provides a concentrated source of nutrients for new born babies, as well as antibodies to support immune function and growth factors to aid healthy gastrointestinal development. Bovine colostrums contain immunoglobulins, which help to maintain healthy immune system function. Sumabe® Colostrum helps to maintain a healthy digestive tract and maintains general wellbeing.



Contents: 60 Capsules  
*Directions for use: Take 2 capsules twice daily.*



# NATURE'S Magic Properties

## Sumabe Pepper Plaster Patches

Sumabe® Pepper Plaster Patches can be placed almost anywhere on the body where heat relief is required. The modern alternative to topical heat rub creams, without the mess! Containing natural Cayenne Pepper, each patch heats the applied area for up to 2 days. The patch is skin toned and virtually invisible under clothing. Containing heating properties, Pepper Plaster Patches have a warming effect, heating and relaxing the skin. Apply to areas of the body that may benefit from the heat application. For symptomatic relief from muscular tension and strain, stiff neck, aching shoulders, myalgia (stiff muscles), lumbago, backache and muscular aches.



Contents:  
Packs of 10 or 20 Plasters.



Contents:  
30 Gelcaps

## Sumabe Acai Berry

Combined with proper diet and exercise, the acai berry can be beneficial for weight loss. Its natural combination of antioxidants, essential fatty acids, amino acids, phytosterols, and amino acids work together to help your body function better, process food easier, and burn fat more efficiently. Sumabe Acai Berry for Slimmers contains Acai Berry and Ganoderma Lucidum (Reishi), which are potent antioxidant herbs, along with the goodness of Cassia tora, Coixlacryma-jobi, Citrus Aurantium for metabolism support and Evening Primrose Oil for healthy skin, hair and nails. Acai Berry for Slimmers gelcaps is a nutrient dense food that provides a feeling of fullness.

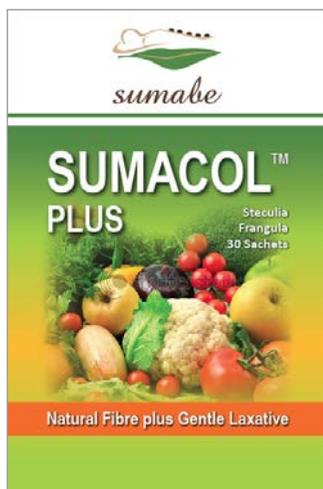
## Sumabe Acai Magic Berries

Independent laboratory analysis has shown that Acai Magic Berries premium Acai have significant antioxidant concentration when compared to other superfoods. They are up to 8 times the antioxidant concentration of Goji berries. Up to 100 times the antioxidant concentration of Red Grapes and up to to 34 times the antioxidant concentration of Fresh Blueberries.

Contents: 60 capsule and 240 capsule bottles, 140gram capsule & 270gram capsule tubs.



# Sumabe® healthy, natural supplements



## Sumabe Sumacol Plus

The active substances in Sumabe® Sumacol Plus are Sterculia and Frangula. The granules contain 62% w/w sterculia and 8% w/w frangula. Sterculia is a vegetable gum from the karaya tree and Frangula comes from the alder buckthorn plant. It is these natural products in Sumabe® Sumacol Plus which help to relieve constipation and help keep you regular. Sumabe® Sumacol Plus is also used by people who have recently had rectal surgery or surgery to remove piles.

Contents: 30 x 7g sachets

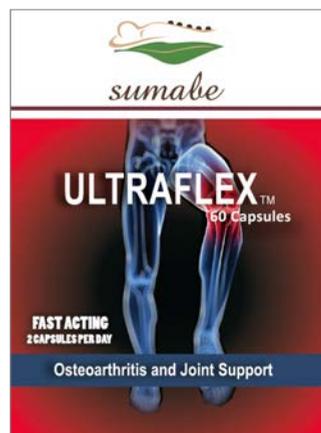
*Ingredients: sterculia, frangula sodium bicarbonate, sucrose, talc, paraffin wax, peppermint flavour and the colours E110, E127 and E132.*

## Sumabe Ultraflex

Sumabe® Ultraflex contains Glucosamine which is produced naturally in the body and is an important component of cartilage. It assists in building and maintaining healthy cartilage, which is essential for healthy function of the joints. Sumabe® Ultraflex helps to maintain healthy joints and can assist in the symptomatic relief and management of osteoarthritis. It may provide temporary relief of pain, swelling, inflammation and lack of joint mobility associated with arthritis.

Contents: 60 Capsules

*Directions for use: Adults, take 1 capsule twice daily, or as directed by your healthcare professional.*

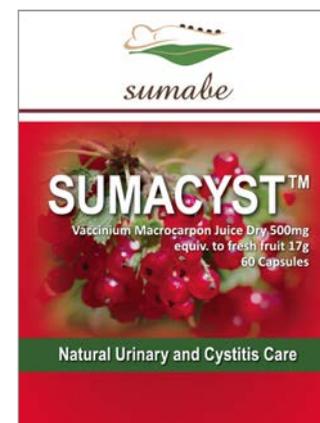
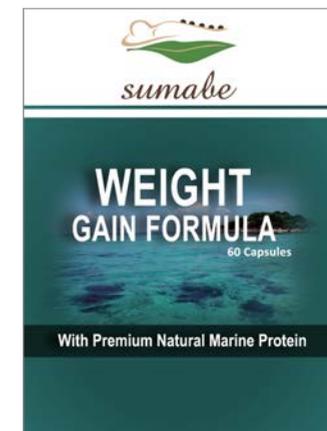


## Sumabe Weight Gain Formula

Sumabe® Weight Gain Formula embodies the major properties and benefits of Spirulina, a rich and highly nutritious micro salt water plant, once described as the most complete food source in the world. For this reason Spirulina is a lush source of supplementary food which assists in the stabilisation of nutrient levels in your body, therefore minimising the incidence of illness.

Contents: 60 Capsules

*Directions for use: Take 2 capsules daily, with or after meals, or as directed by your healthcare professional.*



## Sumabe Sumacyst

Sumabe® Sumacyst contains a concentrated, high potency cranberry extract that may help to reduce the frequency of recurrent cystitis. It helps mask urinary odours associated with incontinence. Sumabe® Sumacyst contains active constituents called proanthocyanidins which have been found to discourage bacteria from sticking to the bladder wall.

Contents: 60 x 500mg Capsules

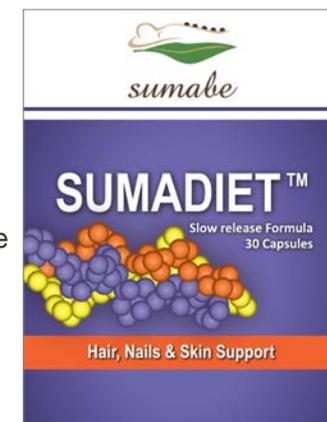
*Directions for use: Adults, take 2 capsules daily, with meals, or as directed by your healthcare professional.*

## Sumabe Sumadiet

Sumabe® Sumadiet is a dietary supplement carefully formulated using specific vitamins and minerals proven to support skin structure and keratin. Including methionine, cystine and biotin it is useful for the maintenance and wellbeing of skin, hair and nails. Sumabe® Sumadiet is a slow release capsule which ensures gradual absorption through the intestine for optimal nutritional benefits.

Contents: 30 Capsules

*Directions for use: Adults, take 1 capsule daily, with water, or as directed by your healthcare professional.*



# SUMAPRO™ Premium quality shampoo range



**Moisture Shampoo** gently cleanses and provides lightweight moisture to hair. This ultra-light blend, hydrates and helps retain the optimum level, leaving hair nourished and shiny.

**Silky Shampoo** gently cleanses away impurities as it helps to heal and repair hair for a super-smooth and silky finish. Containing Silk Complex, it is designed to give hair an added boost of shine and life.



**Volume Shampoo** stimulates growth of new hair while protecting existing hair. Advanced volumizing formulas plump, strengthen and support hair. Hair shaft is strengthened for enhanced growth, giving you a fuller, thicker and healthier head of hair.



**Protein Shampoo** can penetrate deep hair layers instantly to supplement nutrients, restore native softness and smoothness of hair.

**Gentle Shampoo** is great for those with extremely sensitive skin and scalps. Many people prefer the sulfate free shampoo for environmental reasons.



# SUMAPRO™ Advanced HAIR COLOUR range

## Advanced formula with premium colour technology

Conditioning Hair Colour Cream with Collagen. Results vary depending on your natural colour.

Visible shiny tones, lasting up to 28 shampoos. Hair is left feeling rich, shiny and glossy

Development time: 20 minutes.  
Grey coverage: up to 70% grey hair.

## The packet contains:

- Sumapro Hair Colour Cream 50G
- Sumapro Developer Cream 50ML
- Special Applicator Comb
- Sumapro Colour Protector Hair Conditioning Cream 15ML
- Pair of Professional Quality Gloves



## Sumabe Sumapro Extensive Hair Colour Range



Blonde      Dark Blonde      Light Brown



SPECIAL APPLICATOR COMB



SPECIAL APPLICATOR TIP

# Looking after YOU



## Sumabe Hydraderm Faceblock Cream

For sensitive and acne prone skin types, Sumabe® Hydraderm Faceblock Cream provides your skin with ultimate protection against the whole UVA-UVB spectrum.

Long lasting water and perspiration resistant. Apply 30 minutes before going outdoors. Reapply every 2 hours or every 30 minutes whilst swimming or during high levels of perspiration. Precautions: If irritation occurs, discontinue use and contact your health care provider.

Contents: 75ml Tube

*Oil Free, SPF 50, Anti UVA/UVB, Suitable for Sensitive and Acne Prone Skin Types, Long Lasting Water Resistant Formula, Broad Spectrum, Photo Stable.*

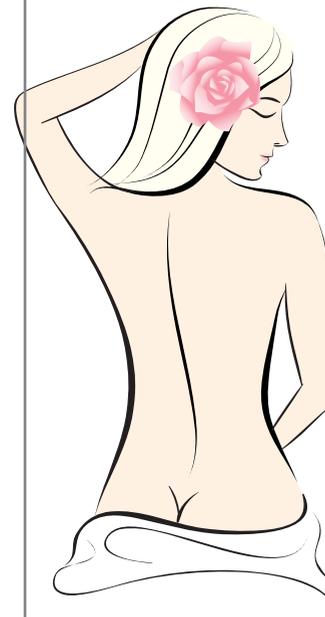
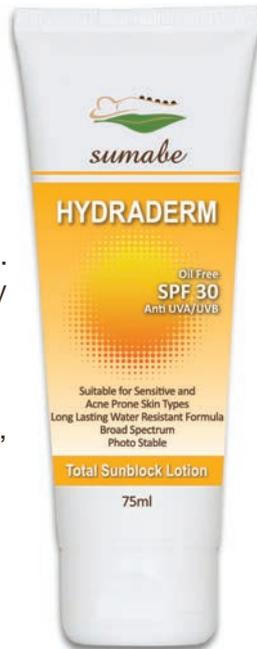


## Sumabe Hydraderm Sunblock Lotion

For sensitive and acne prone skin types, Sumabe® Hydraderm Sunblock Lotion provides your skin with ultimate protection against the whole UVA-UVB spectrum. Long lasting water and perspiration resistant. Apply 30 minutes before going outdoors. Reapply every 2 hours or every 30 minutes whilst swimming or during high levels of perspiration. Precautions: If irritation occurs, discontinue use and contact your health care provider. For external use only. Avoid contact with eyes, lesions and mucous membranes. Keep in a cool dry place and out of reach of children.

Contents: 75ml Tube

*Oil Free, SPF 30, Anti UVA/UVB, Suitable for Sensitive and Acne Prone Skin Types, Long Lasting Water Resistant Formula, Broad Spectrum, Photo Stable.*



## Sumabe Sumacap Hair-Loss Preventative Shampoo

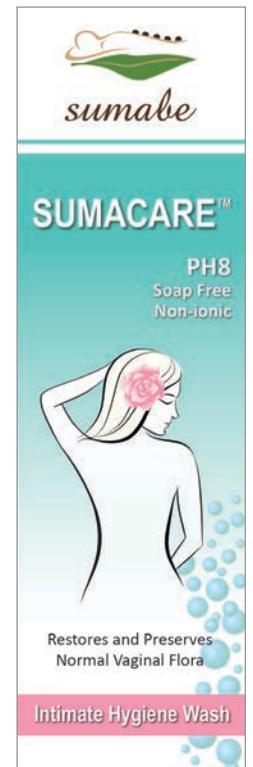
Sumabe® Sumacap Hair-Loss Shampoo contains polytein - the main stimulant of hair growth, which prevents hair loss. The shampoo is gentle and nourishes hair. Sumabe® Sumacap Hair-Loss Shampoo strengthens by forming good quality keratin. The natural formulation contains Bambusa Arundinacea, Wheat and Sesame proteins which helps to stimulate the activity of the hair bulb and contributes to hair growth. Zinc and vitamin B6 participate in limiting the secretion of seborrhoea, encouraging the hair's growth metabolism and fighting against diffuse hair loss. Wheat proteins and vitamin complex (B group vitamins) bring brilliance and shine. Vitamin E helps to protect the bulb from free-radicals and also has an anti-ageing action.

Contents: 300ml Tube

## Sumabe Sumacare Feminine Wash

Sumabe® Sumacare restores and preserves normal vaginal flora. Use Sumabe® Sumacare in the bath or shower for cleansing of the vaginal area. Spray a small amount of Sumabe® Sumacare into your hand. Lather the vaginal area, then rinse thoroughly with water. For external use only. Keep out of reach of children.

Contents: 300ml Spray Bottle





# HERBAL

## exclusive beverage range



At Sumabe®, we take everyday products and make them functional to assist you to make better choices for your nutrition.

Experience our exclusive lifestyle choice of Leptin Herbal beverages made in Australia. Specialised therapeutic coffees, teas, hot chocolates and healthcare products.



### Leptin Green Coffee 1000

Leptin Green Coffee 1000 combines therapeutic ingredients into a refreshing beverage to support & maintains cardiovascular health & immune system function. It contains ingredients with anti-oxidant activity that protects the body from the damaging effects of free radicals. It contains Panax ginseng, which is beneficial during times of stress & is nutritive to the adrenal glands. Panax ginseng helps to increase alertness, helps to overcome feelings of tiredness & fatigue & may help to increase energy levels. Green Coffee 1000 supports mental & physical performance & metabolism & helps to maintain & improve general wellbeing.



Contents: 180grams  
(18 x 10g sachets)

*Directions: Adults, take up to 4-5 sachets daily, or as directed by your healthcare professional. Add the contents of 1 sachet to a cup of boiling water. Add milk and/or sugar as desired.*

### Leptin Green Coffee 800

Leptin Original Formula Green Coffee 800 combines therapeutic ingredients into a refreshing beverage and supports and maintains cardiovascular health and immune system function. It contains ingredients with antioxidant activity that assist in protecting the body from the damaging effects of free radicals. It contains Panax ginseng, which is beneficial during times of stress and is nutritive to the adrenal glands. Green Coffee 800 supports mental and physical performance and metabolism and helps to maintain and improve general well-being.



Contents: 90grams  
(18 x 5g sachets)

*Directions: Adults, take up to 4-5 sachets daily, or as directed by your healthcare professional. Add the contents of 1 sachet to a cup of boiling water. Add milk and/or sugar as desired.*

# Leptin beverages

## Leptin Green Coffee Pure Black



Contents:  
90gram (18 x 5g sachets)

Leptin Green Coffee Pure Black is a combination of therapeutic herbs and nutrients that can be made into a refreshing beverage to support an active lifestyle. It also supports mental and physical performance and metabolism. It may help to promote thermogenesis, or the burning of body fat, and the health of the cardiovascular system. Green Coffee Pure Black supports the health and function of the immune system; supports healthy skin and may be beneficial during times of stress. It contains ingredients with antioxidant

activity which help to protect the body from the damaging effects of free radicals and may assist in the maintenance of general wellbeing.

## Leptin Green Coffee 1000

When used with a healthy diet plan, Leptin Green Coffee 1000 helps your body to burn fat and calories. Green coffee 1000 contains anti-oxidant qualities necessary to cause thermo genesis that increases metabolism of fat. Chromium and Vanadium increase the burning of carbohydrates and metabolic rate. Panax Ginseng helps maintain energy levels while dieting. Another ingredient, Heartleaf, starts the process of burning fat while maintaining your appetite. Green Coffee is a potent, natural antioxidant that may help protect the body from free-radical stress and damage. It helps the maintenance and regeneration of healthy cells and may have anti-aging and weight loss benefits. It may also enhance weight management. Caffeine may help release fatty acids from fat stored in the body.



Contents:  
60 Capsules

# are therapeutic...

## Leptin Cocoa Hot Chocolate



Contents:  
90gram (18 x 5g sachets)

Leptin Cocoa Hot Chocolate - Leptin Original Formula Cocoa: Our 100% natural cocoa is dried from the finest quality cacao beans. The antioxidant ingredients in Cocoa Hot Chocolate scavenge free radicals and can assist in protecting the cells in the body against oxidative damage. This formulation contains nutrients that are involved in the production of energy in the body, supporting daily energy

requirements plus mental and physical performance. It has tonic and nutritive actions on the adrenal glands which means Cocoa Hot Chocolate is beneficial during times of stress. Cocoa Hot Chocolate also supports healthy functioning of the immune system and metabolism, plus the maintenance of healthy skin and general well-being.



## Leptin Rose Curve Coffee

Healthy losing weight is through the natural medicinal herbs. After taking this product for a week, common people may lose 5 pounds of weight. If you want to raise the effect, please suitably control the diet and increase the sports.

Contents: 20 sachets



# Leptin... enjoy our weight loss products



Contents: 52.5gram x 15 sachets

## Leptin Elite Tea

Leptin Elite Tea is a natural green tea based herbal tea. Some benefits from drinking tea include alertness, reduced lethargy and lightening of the body. Drinking tea for the long term decreases cholesterol and detoxifies the body, promoting good body tone. Studies prove the bio-active substances distilled from high-quality green tea and tea polyphenol, the main component of green tea, are an efficient, natural antioxidant, thus called “the elite of tea”. Tea

polyphenol is composed of more than 30 substances such as epicatechin and flavone glycoside, in which about 80% are epicatechin. The several phenolic hydroxide radicals of epicatechin effectively restrain the absorption of carbohydrates to prevent excess sugar being stored as fat. In Europe, United States, Japan and other developed countries, it has been widely used in clinical treatment and health foods.

## Leptin Iced Blueberry Tea

A blissful blend of succulent blueberries and black tea. The delightful combination of succulent blueberries and smooth black tea is more than just refreshing, it's a veritable antioxidant double header! Enjoy the delicious taste of this healthy, thirst quenching summer staple with no hot water and no fuss.

Contents: 10gram x 15 sachets



## Leptin Iced Lemon Tea

Fresh lemon with the natural bioactive ingredients extracted from premium diet black tea can effectively eliminate free radicals, quickly decompose fat, boost fat metabolism, inhibit absorption of carbohydrates, prevent carbohydrates from turning into fat, and reduce accumulated fat and body weight. It is highly effective and safe. Eliminating toxic substances and keeping youthfulness.

Contents: 10gram x 15 sachets



## Leptin Advanced Apple Cider Vinegar Powder

Leptin Advanced Apple Cider Vinegar powder is the perfect combination of three amazing ingredients: Concentrated Brown Sea Weed/Fucoxanthin, Pomegranate and Hoodia. Apple Cider Vinegar powder is thought to have a powerful thermogenic effect. A thermogenic effect causes the body to increase its metabolic rate, which again effectively causes the body to burn fat and increase its metabolism.

Contents: 10gram x 15 sachets



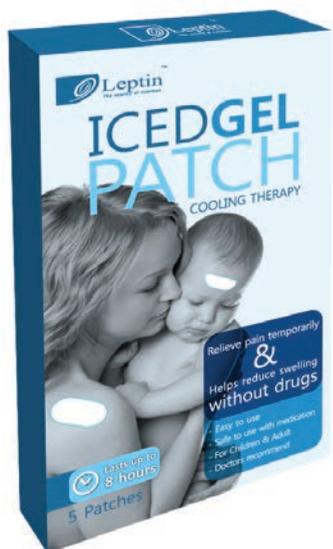
# Leptin products... a Lifestyle Choice



Contents:  
10 Patches per box

## Leptin Detox Foot Patch

Leptin Detox Foot Patch is a detox system that simply involves attaching a sticky patch to the soles of your feet at bedtime. The patches do not put anything into the body. They stimulate the acupressure points on your feet which helps your circulation and, at the same time, the patches absorb the toxins and impurities through your feet and in the morning you feel great! Detox Foot Patch is an all natural high quality herbal patch and the biggest selling health product in Asia ...over 30 million foot patches are sold every month. It is said that it took Japanese scientists over 24 years to develop and perfect this detoxification technology.



Contents: 5 Patches per box

## Leptin Iced Gel Patch

Leptin Iced Gel Patches are used for relieving pain temporarily and help reduce swelling without drugs. The cooling therapy works for migraine and headache discomfort and for a sweaty day. Safe to use with medications. Convenient and portable, Leptin Iced Gel Patches can be used by adults and children at home, at work, traveling, or anywhere. Each soft, flexible pad is easy to apply and stays comfortably in place. They cool immediately and last up to 8 hours. Use patches wherever you need the most. Leptin Iced Gel Patches are drug-free and safe to use with medications. Doctors recommend this cooling therapy.

## Leptin Dried Plum Weight Loss

Leptin Dried Plum for weight loss is teamed together with effective ingredients extracted from the edible herbal plants; Yunnan Puerh tea and Lotus leaves. Through ultra-low-temperature extraction and by scientific combination, inoculate the special microcapsule active lactobacillus, using dried plums as the carrier, the end result of our process is a natural, healthy food without any chemical agents. Leptin Dried Plum for Weight Loss can be eaten straight from the pack.



Contents: 52.5gram  
(15 sachet bags)

## Leptin Dietary Fibre

Soluble fibre can help lower serum cholesterol levels by inhibiting the absorption of cholesterol. Fibre helps to regulate or slow glucose absorption. Fibre adds bulk to stools, keeping stool soft and the bowels moving regularly. For weight loss, both types of fibre (especially insoluble fibre) make you feel full, without adding a lot of calories. Foods with fibre have lots of vitamins and minerals that our bodies need and tend to be low in fat too. Fibre also helps our bowels to function properly on a regular basis, and to prevent either diarrhea or constipation.



Contents: 10gram x 15 sachets



# Health & Wellness HERBAL PRODUCTS



At Sumabe®, we take everyday products and make them functional to assist you to make better choices for your nutrition. Experience our health and wellness products from Smart Sense. For Smart Sense, the consumer generates the most important value in the supply chain, which starts with the farmer and ends only with the satisfied consumer.

# COFFEE MIRACLE



Contents: 10gram x 12 sachets  
*Ingredients: coffee, berry extract compound, xanthophyll, citrus Vitamin C, vegetable butter stevia rebaudiana, Eucommia ulmoides, Umcaria rynchophyllia.*

## Smart Sense Red Coffee 800

Smart Sense Red Coffee 800, a unique formula, adopts precious Chinese herbs; Eucommia and Uncaria rynchophyllia to help balance blood pressure, maintain heart health, enhance cardiovascular circulation and normalizes cholesterol levels. It is normal for blood pressure to change from time to time but generally it is assessed with a persons age and weight. Red Coffee 800 may bring lowering blood pressure to a normal level. Suggested usage: Adults, take one sachet daily.

## Smart Sense Acai Berry Coffee

Smart Sense Acai Berry Coffee has been developed to assist your weight management goals in conjunction with a healthy diet and exercise regime. The formula is made from Euterpe Oleracea fruit (Acai palm berries) together with Arabica coffee beans to maximise the benefits to your body of naturally occurring antioxidants and polyphenols.

Contents: 10gram x 18 sachets  
*Ingredients: Coffee, Green Tea Leaf standardised extract, Acai Berry extract.*



# NATURAL FOODS

## assist weight loss



### Smart Sense Strawberry Balance

Research shows that strawberries stimulate metabolism and suppress appetite. They help you lose weight and control blood sugar. Strawberries increase production of the hormone that stimulates metabolism and suppresses your appetite. They slow the rate of digestion of starchy foods, this helps control the rise in blood sugar that follows a starchy meal.

Contents: 10gram x 15 sachets



### Smart Sense Ananas Balance

Ananas Balance promotes healthy weight loss. Pineapple ripening releases the highest level of antioxidants possible. Enzymes contained in pineapple rapidly breakdown food proteins to speed overall food metabolism. Ideal to enjoy with or after each meal to increase digestive flow.

Contents: 10gram x 15 sachets



*sumabe*

### Sumabe Distributors

For more information about the Sumabe® products and opportunity, contact your Independent Sumabe® Associate.

# IMMERSE YOURSELF IN HEALTHY LIVING



## Customer Service

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